I claim:

25

- 1. A sports viewing assembly comprising, in combination:
- a head support for holding the assembly on a person's head;
 - a binocular assembly attached to said head support, said binocular assembly allowing viewing an event from a distance;
- pivot hinge on said head support for raising and lowering said binocular assembly vertically to adjust to a user's desired viewing position.
- 2. The sports viewing assembly of claim 1 further comprising a radio.
 - 3. The sports viewing assembly of claim 1 further comprising earmuffs.
- 4. The sports viewing assembly of claim 3 wherein said earmuffs contain at least one earphone.
 - 5. The sports viewing assembly of claim 1 further comprising a laser pointer.
 - 6. The sports viewing assembly of claim 1 further comprising a

		_	•		-		
ran	$\alpha \Delta$	+	٦.	n	~ 2	מכ	
TUIL	90	_	_	. 1 1,	\sim		

7. The sports viewing assembly of claim 2 wherein said radio is a satellite radio.

5

- 8. The sports viewing assembly of claim 2 wherein said radio is a scanner.
- 9. The sports viewing assembly of claim 1 further comprising a camera.
 - 10. The sports viewing assembly of claim 1 wherein said assembly is supplied in a plurality of sizes.
- 15 11. A sports viewing apparatus comprising, in combination:

an adjustable head support;

at least one telescopic device coupled to said head support;

20

a radio attached to said head support;

earphones attached to said head support, said earphones coupled to said radio.

25

12. The sports viewing apparatus of claim 11 wherein said radio

is removable.

13. The sports viewing apparatus of claim 11 wherein said earphones are removable.

5

- 14. The sports viewing apparatus of claim 11 further comprising removable earmuffs.
- 15. The sports viewing apparatus of claim 11 further comprising a microphone removably attached to said head support.
 - 16. The sports viewing apparatus of claim 11 further comprising a laser pointer.
- 15 17. The sports viewing apparatus of claim 11 further comprising a rangefinder.
 - 18. The sports viewing apparatus of claim 11 further comprising image stabilization.

20

- 19. A system for comfortable viewing of sporting events including an adjustable headstrap coupled to an optical means for viewing a sporting event, said optical means being adjustable to fit a user's eyes and pivotable to pivot upward and downward to adjust
- to a user's preferred viewing position.

20. The system of claim 19 further comprising a means for receiving radio signals coupled to said adjustable headstrap.